

Marinated Chickpeas

Based on a recipe by Wellness in the Schools and SchoolFood

Ingredients

- 1 15-ounce can chickpeas
- 1 large red onion
- 1 large green pepper
- 1 large red pepper
- ½ cup olive oil
- 1 teaspoon lemon juice
- ½ teaspoon salt
- ½ teaspoon garlic
- 1 teaspoon fresh basil

Preparation

Rinse and drain chickpeas. Combine chickpeas, peppers and onions in a stainless steel mixing bowl. Whisk together remaining ingredients to make dressing. Pour dressing over peas, peppers and onions and mix thoroughly. Store in refrigerator and serve chilled.